

# Universal Design for Learning

UDL is a set of principles for curriculum development that give all individuals equal opportunities to learn. UDL provides a blueprint for creating instructional goals, methods, materials, and assessments that work for everyone – not a single, one-size-fits-all solution but rather flexible approaches that can be customized and adjusted for individual need (Rose & Meyer, 2002).

Rose (2015) tells us that if we start with the notion that we all learn differently, UDL will give us the foundations for engaging all students through the use of a multitude of various formats and mediums. Moreover, O’Fiesh (2016) contends that “(p)resenting materials using a variety of visual, auditory, tactile and interactive methods, will address the learning needs of a much greater percentage of students in the classroom” (p.15). However, (here’s the science bit!) only 50% of FET teachers feel equipped to work with the diversity of students in the FET setting, and merely 35% are confident in the use of ICT (SOLAS & ETBI, 2016). This is where TEL fits in!

Please [click here](#) to access CAST’s website where you can get more access to information on UDL!

There’s also a Blog on the [TELEMS.eu](#) website all about UDL in FET

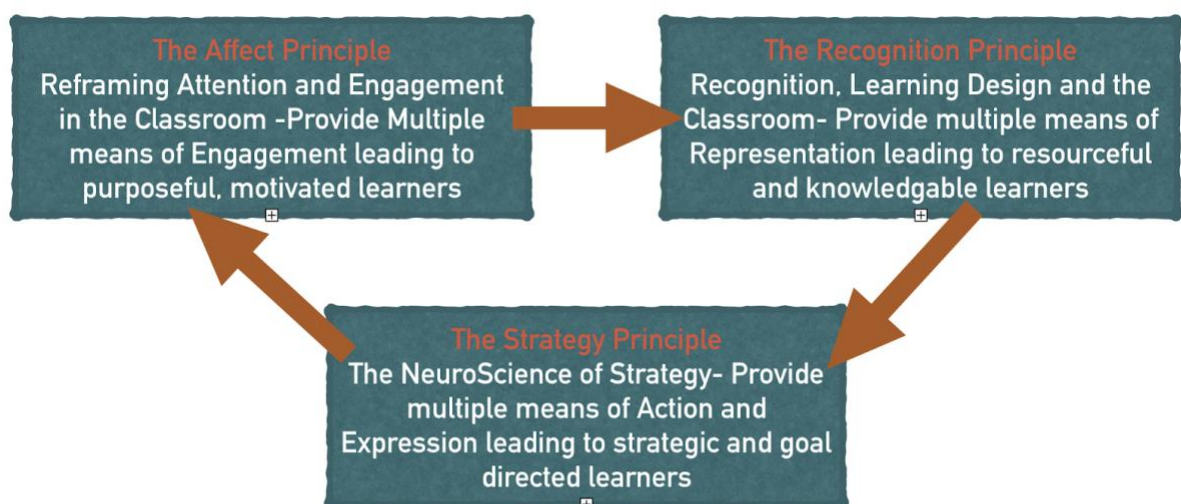


Figure 2. A Framework for UDL implementation adapted from Meyer, Rose and Gordon (2014).